

Why was lithium citrate banned



Overview

Lithium citrate was an ingredient in 7 Up between 1929 and 1948 before being banned due to overdoses from multiple sources: sodas, beer, medical treatments, and low-sodium salt alternatives. The side effects were severe: nausea, vomiting, tremors, and kidney damage. This article explores the fascinating history of lithium in 7 Up and what it reveals about changing medical knowledge and beverage regulation. Charles Leiper Grigg launched 7. Lithium citrate ($\text{Li}_3\text{C}_6\text{H}_5\text{O}_7$) is a lithium salt of citric acid that is used as a mood stabilizer in psychiatric treatment of manic states and bipolar disorder. [1][2][3][4] There is extensive pharmacology of lithium, the active component of this salt.

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The Original 7-Up Was A Mind-Altering Substance

Lithium's mind-altering effects may have been an early draw for 7-Up. The drink, which contained the compound lithium citrate, started selling just two weeks before the stock market ...

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7UP's Main Selling Point Used To Be Lithium

It remained an ingredient in the soda through the 1940s. In 1948, however, the U.S. government banned its usage in beer and soft drinks; 7UP would end up being reformulated in 1950.

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When 7-Up was created in 1929 it contained lithium, a ...

Lithium citrate was a mood-stabilizing drug and a supposed cure for hangovers when 7-Up was invented in 1929. The government banned its use in ...

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A Brief History of Lithium

When the United States Food and Drug Administration banned the use of lithium citrate in beverages in 1948 the recipe was changed, and lithium was removed from 7-Up.

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When 7-Up was created in 1929 it contained lithium, a mood ...

Grigg claimed that the Lithia ingredient in the soda could affect the drinker's moods. Lithium citrate has been used for many decades for psychiatric treatment of manic states and bipolar ...

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Did 7 Up Really Contain Lithium? The Surprising History

The FDA took action in 1948 and banned lithium citrate from all beverages, including sodas and beer. Lithium citrate was an ingredient in 7 Up between 1929 and 1948 before being ...

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Determination That Lithium Citrate Oral Solution, 8 Milliequivalents/5

The Food and Drug Administration (FDA or Agency) has determined that lithium citrate oral solution, 8 milliequivalents (mEq)/5 milliliters (mL), was not

withdrawn from sale for reasons of ...

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Lithium citrate

Lithium citrate was one of the lithium salts used to add lithium to drinks and water (lithia water) in the late 19th century and the early 20th century, when there was a general health craze for lithium with it believed to be a cure-all. The soft drink 7Up was at one point named "7Up Lithiated Lemon Soda" when it was formulated in 1929 because it claimed to contain lithium citrate. The beverage was a patent medicine marketed as a cure for hangover. In 1936 the United States federal government forced the m...



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Everyone's on the Hunt for the Element Lithium

Still, lithium citrate (lithium salt) was an ingredient in the beverage between 1929 and 1948 when the U.S. Food and Drug Administration (FDA) banned it from use in soda and beer.

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Why was lithium removed from 7up? A lesson in nutrition diet.

Uncover why the FDA banned lithium citrate from 7up and other soft drinks in 1948 due to toxicity risks, marking a crucial shift in food safety and nutrition diet regulations.

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Lithium citrate

The soft drink 7Up was at one point named "7Up Lithiated Lemon Soda" when it was formulated in 1929 because it claimed to contain lithium citrate. The beverage was a patent medicine marketed as a ...

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Lithium: Past, Present, and Future

It is a potent and effective mood stabilizer, but because the therapeutic index of lithium is narrow, blood levels require careful monitoring. Adverse effects from lithium toxicity are serious and ...

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